



HOW WE MAKE A DIFFERENCE



GRANTMAKING

We have provided over \$24.5 million in grants to Seacoast nonprofit and public organizations. Our funding initiatives are focused in the areas of health promotion, health protection, preventive health services, training, and education.

SCHOLARSHIPS

We have given \$2.1 million in scholarship awards to 292 undergraduate and graduate students pursuing health-related fields of study

THE COMMUNITY CAMPUS

Designed to promote collaboration and community involvement, the Community Campus provides affordable space and program resources for ten nonprofit agencies. Created in 1999 as a core component of the Foundation's commitment to improving the health of the Seacoast, this unaffiliated network of organizations provides a broad range of services to some of our most vulnerable and underserved children, adults, and families. In addition, over 60 community organizations utilize the space and resources of the Community Campus to meet ongoing business needs or host special events.

HOSPITAL OVERSIGHT

The Foundation is responsible for the oversight and monitoring of Portsmouth Regional Hospital in order to ensure that Seacoast citizens have access to quality medical care at a first-class facility and at competitive prices. This has been an important part of the Foundation's mission since the Hospital was sold to Hospital Corporation of America in 1983.

INITIATIVES

More than a traditional grant making organization, the Foundation has been at the forefront of identifying community-building activities that will bring needed services and programs to the Seacoast. We are proud to have been a leader in examining effective ways to leverage nonprofit resources, create best practices, and improve health. Our initiatives served as the catalyst in creating the NH Center for Nonprofits, Step It Up Seacoast, and the Clipper Health Center.



Each year at this time, the Board of Trustees and staff of the Foundation for Seacoast Health reflect back on activities and accomplishments of the previous year. Throughout 2007, the leadership of the Foundation has remained true to our mission to invest resources to improve the health and wellbeing of Seacoast residents. This annual report looks back on 2007, summarizing the highlights of the year and key facts about the organization's operations and governance. We have also highlighted the organizations we support that, in turn, serve and improve our communities by providing access to a broad range of needed programs. We hope you enjoy our report and learn something new about the Foundation for Seacoast Health.

In addition to providing grants and other resources to local nonprofits and operating the Community Campus, the Foundation is also responsible for the oversight and monitoring of Portsmouth Regional Hospital in order to ensure that Seacoast residents have access to quality medical care in a first-rate facility at competitive prices. When the hospital was originally sold to Hospital Corporation of America (HCA) in 1983, HCA signed an Asset Purchase Agreement which provided the community with a number of assurances regarding ongoing operations and ownership, including a right of first refusal in the event of a change in the direct or indirect ownership of the Hospital. The Foundation was given the responsibility for oversight of HCA's compliance with the terms of that agreement.

In October of 2006, the Foundation filed suit in Rockingham County Superior Court asserting that HCA's intended sale to a group of private equity firms triggered the right of first refusal. HCA denied that the right had been triggered, and proceeded with the transaction. The case is now pending before the State of New Hampshire Supreme Court, and we expect a ruling in mid 2008. In the interim, we will continue to monitor operations at the hospital to ensure that the excellent quality of medical care we have all come to expect is maintained.

On behalf of the Foundation Board of Trustees, we thank you for your support, trust, and interest in our work. Clearly the creation of the Community Campus is one of our greatest accomplishments. We encourage you to visit the Campus to see how these individual agencies have come together to serve our community in a coordinated, collaborative and compassionate manner.

Daniel C. Hoefle, Esq.
Chairman

Debra S. Grabowski, R.N.
Executive Director

BOARD OF TRUSTEES

The Board of Trustees of the Foundation for Seacoast Health manage the affairs of the corporation, exercising all power of the corporation except those reserved to the Members by law, the Articles of Agreement, or the Bylaws of the corporation.

Daniel C. Hoefle, <i>Chair</i>	Jameson S. French
Timothy J. Connors, <i>Vice Chair</i>	Wendy J. Frosh
Patricia A. Barbour, <i>Treasurer</i>	John P. Gens, Jr., MD
Richard Chace, MD	Peter J. Loughlin
Timothy C. Driscoll	Sharon R. Weston



MEMBERS

Foundation Members elect new and continuing Members, Honorary Members, and Trustees at the Foundation Members' Annual Meeting each year. Members also approve any amendments to the Foundation bylaws and review the Foundation's progress over the previous year.

Nancy Beck	John Hebert	Nancy Notis
Thomas Blais	Mark Henschke, DO	Daniel O'Brien
Molly Bolster	Scott Holloway	Mary Rauh
Jonathan Carter	William Hurley	Reneé Riedel
Patty Cohen	Mark Jacobs, MD	Bradley Russ
Dennis Dean	Richard Kaiser	Sonya Schwaegerle, MD
Lisa DeStefano	Jane Kilcoyne	Michael Schwartz
Joseph Diamant	Melanie Ladd	Lex Scourby
Joseph Donnelly	Rebecca Legro	Christyn Sieve, PsyD
Kenneth Fellows, MD	Richard Leigh	George Sigalos, MD
Nancy Flolid, DC	Kevin Looser, MD	Wendy Tapley
George Friese	John Lyons	Peter Thomas, DMD
Douglas Gray, DMD	Archie McGowan, MD	William Tracy
Mark Graziano, MD	David Newman	Sheila White, OD

HONORARY MEMBERS

Foundation Members may elect Honorary Members who shall be Foundation Members in perpetuity. Honorary Members are individuals who were Honorary Trustees of Portsmouth Hospital when the Foundation for Seacoast Health was created in 1985. More recent Honorary Members are persons who have served three consecutive three-year terms as Foundation Trustees.

Donavon Albertson, MD	Peter Czachor, MD	Thomas Keane
Robert Allard	Priscilla Flanigan	Bradford Kingman
Ferris Bavicchi	Eileen Foley	Wendy McLaughlin, MD
Peter Bergeron	Catherine Goodwin	Peter Rasmussen, MD
Cynthia Blood	Eric Gustafson	J. Gregg Sanborn
William Bradley, MD	William Henson	Warren Wilder
Kenneth Chute	Robert Iafolla	

SUSAN R. BUNTING, EdD

2007 was a year of change as we said goodbye, and wished a fond farewell, to our long standing President and CEO, Susan R. Bunting, EdD. Susan's twenty two year tenure made a significant impact on the Seacoast Community. First and foremost, Susan was a researcher and educator, always learning and identifying ways to bring best practice community models to the Seacoast. Her vision of health, to include a broad sense of physical and mental well-being, is a key common thread you can see and feel at work in the Agencies of the Community Campus. We thank Susan for her leadership and for always encouraging us to learn from those around us.



NEW HEIGHTS: \$425,000

Founded in 1987, New Heights provides a wide range of risk prevention and confidence building activities for more than 700 adolescents per year from communities across the Seacoast region.

Two years ago, New Heights embarked on a two year pilot program designed to deepen the relationship between staff and participants. This Mentor Program focuses on the concepts of resiliency and protective factors and is designed around a resiliency assessment, which is administered by mentors on an individual basis at the beginning and end of the academic year.

Central to the intentional nature of the program, this assessment measures a participant's social, academic and emotional growth and tracks their protective and risk factors. Staff members systematically and personally assess each participant and make customized activity recommendations based on identified individual needs.

The New Heights staff work closely with the Seacoast Mental Health Center to act as a referral connection for participants, providing an additional layer of prevention to help identify

those with mental health related concerns. The staff also has regular communication with the participants' teachers, school administrators, and parents in order to ensure everyone is apprised of all things related to the participants' social, emotional, and academic growth.

Initial results from the Mentor Program have already shown significant improvement in participant outcomes, as more than 50% of the students who took these pre-and-post tests have increased their overall resiliency.

As for the future, New Heights is currently collaborating with PlusTime NH and Community Mental Health Centers throughout the state to explore the possibility of expanding the Mentor Program to other after school programs.

A program of the Seacoast Mental Health Center, the mission of New Heights is to assist Seacoast youth to develop the competence, character, confidence, and resiliency necessary for a healthy and successful adulthood.



FAMILIES FIRST: \$400,000

Families First's grant from the Foundation for Seacoast Health is allocated among three programs: The Health Center, which provides primary and prenatal health care; the Dental Center; and the Family Center, which provides parenting and family programs. This "one-stop-shopping" model, with many services and supports available under one roof, is the best way to improve the health and well-being of individuals and families facing multiple challenges such as poverty, lack of health insurance, homelessness, single parenthood, and others.

In 2007, Families First focused on integrating more oral health and behavioral health services in all three programs funded by the Foundation. Achievements include:

- Bringing clinicians from the Seacoast Mental Health Center on-site to provide family and child counseling. The program has been very well-utilized and has a low no-show rate.
- Working toward a collaborative health care model that integrates behavioral health and primary care in the exam room.

- Obtaining state funding to cover additional hygienist time to do oral health education, assessments, and cleanings for prenatal patients at no cost to the patient.
- Implementing a new early-intervention program for very young Health Center patients in which our medical and dental teams collaborate to identify infants at risk for dental caries and provide these children with a hygiene exam during a well-child visit and, where appropriate, application of fluoride varnish.

Another achievement in 2007 includes ongoing collaboration with Portsmouth Regional Hospital around patients who come to the hospital Emergency Department (ED). The Health Center now accepts same-day dental referrals from the hospital ED to increase access to urgent dental services for the uninsured. A project is also underway that will allow Emergency Department physicians to view the electronic medical records of Families First patients who show up in the ED, greatly improving continuity of care for these patients.



INFOLINK: \$ 50,000

InfoLink is an information and referral program sponsored by Lamprey Health Care. The program also offers a Medical Financial Assistance service which provides free short-term prescriptions for indigent adults experiencing an acute illness. In 2007, the Financial Assistance program paid for 412 prescriptions for 179 clients. This assistance totaled nearly \$19,000 worth of medication support.

In 2002, InfoLink began the Portsmouth Regional Prescription Assistance Program. This service assists indigent individuals with chronic diseases in accessing free prescriptions from pharmaceutical companies. Over the past five years, more than \$3,182,382 in free prescriptions have been obtained for low income Seacoast residents.

The Medical Financial and Regional Prescription Assistance programs complement each other. By coordinating and operating both programs together, there is a major value added in that chronically ill individuals are enrolled into the free pharmaceutical company sponsored programs. These programs provide chronically ill individuals with long term solutions for accessing the medications they need to keep them well.



COMMUNITY CHILD CARE CENTER: \$50,000

The Community Child Care Center (CCCC) of Portsmouth is a private non-profit organization that provides a nurturing and stimulating early learning environment for children in the Seacoast area. For 40 years, Community Child Care has played a significant role in the lives of thousands of children, helping to encourage and sustain healthy families in our community.

The Center provides child care – including before and after school care – to children aged eight weeks through 12 years old. The Agency's mission is focused as follows:

- to provide high quality child care and be responsive to the child care needs of the Seacoast region;
- to give priority to children from families that are in need and;
- to take a leadership role in advocating for children's and family issues.

Thanks to support from the Foundation for Seacoast Health, children attending CCCC receive the best education and programming available. The Center is immersed in the final phase of the National Association for the Education of Young Children (NAEYC) accreditation process, and expects to achieve accreditation status in July 2008.

NAEYC has 10 standards of excellence that measure quality child care programs. Created by a blue ribbon panel of early childhood experts, each standard is based on early brain development science and the latest early childhood research. The process creates a system by which teachers and program directors are continuously updating and improving their practices with children. NAEYC accreditation is a mark of quality, helping parents, guardians, and the community to identify the best early childhood education centers.



The Foundation for Seacoast Health proudly continues the tradition of awarding academic scholarships to outstanding Seacoast students. Our program is unique in that scholarships are available to undergraduate as well as graduate students. In keeping with our mission, candidates must be pursuing a degree in a health-related field of study.

STEPHANIE WHEELER: \$5,000

Stephanie Wheeler, a resident of Eliot, Maine, was selected as the recipient of the Steven Scott Cutter Scholarship Award, which is made to an undergraduate student with the highest academic achievement and personal accomplishments. The award was established by the Foundation for Seacoast Health Board of Trustees in memory of Steven Scott Cutter, son of Nancy L. Cutter, a long-time Foundation employee. Steve, a resident of Greenland, was a 1989 graduate of St. Thomas Aquinas High School and 1994 graduate of the University of Connecticut College of Pharmacy.

Stephanie is enrolled in a Physical Therapy Program at the University of New England in Biddeford, Maine. Entering her third year at UNE, Stephanie still finds time to be the assistant soccer coach at Marshwood High School. She also works closely with athletic trainers to design and implement fitness programs to develop the fitness levels of all players. Stephanie is certified in CPR, sports first aid, and has completed the Coaching Principles course sponsored by the Maine Principal's Association. She maintains a 3.45 grade point average and is consistently on the Dean's List.

CHRISTINE DEROCHE: \$5,000

Christie DeRoche, a resident of York, Maine, was selected as the recipient of the Edwina Foye Award, which is made to a graduate student with the highest academic achievement and personal accomplishments. The award was established in 1986 by colleagues, friends, and family to honor the memory of Edwina Foye, RN, who dedicated 25 years of service to Portsmouth Hospital (1952-1978).

Christie was awarded her BS Degree from Nazareth College of Rochester, NY, in 2006, and is completing her final year in a communication disorders program, specifically speech-language pathology, at Emerson College in Boston, Massachusetts. Her cumulative grade point average at Nazareth College was 3.92 and, to date, has maintained a 4.0 GPA at Emerson College. She is a graduate clinician at The Home for Little Wanderers, a Robbins Institute Scholar, and a member of the Phi Eta Sigma National Honor Society. In her spare time, Christie works at the Family Ear, Nose, and Throat practice in Kittery, Maine, assisting office staff with the scheduling of surgeries, filing insurance claims, communicating with physicians and hospitals, and assisting patients with their questions and concerns. After completing her formal education, Christie plans to work in the Seacoast area.





BONNIE CLAC

Bonnie CLAC is dedicated to making car ownership accessible and economical for people of all financial backgrounds. In 2007, Bonnie CLAC helped 200 people in New Hampshire purchase automobiles, the majority of which are brand new, fuel efficient vehicles. For many clients, it is the first time that they have owned a reliable vehicle. The program also provides financial counseling and support to help families improve their credit rating and achieve their long-term financial goals.

CHILD ADVOCACY CENTER OF ROCKINGHAM COUNTY

Serving 340 families annually, the Child Advocacy Center of Rockingham County provides a safe environment for the evaluation of child abuse and exploitation. In this neutral setting, victims and families of alleged abuse are interviewed by trained personnel from law enforcement, the county attorney's office, child protective services as well as medical and mental health providers. A key goal is to reduce the long-term effects that abuse has on children, their families and society while working to prevent child abuse all together.

HEADSTART (A Rockingham Community Action Program) Head Start is a comprehensive child and family program which provides educational and support services to 53 families annually. The program recognizes the importance of parent involvement, nutrition and family security on a child's ability to learn. In 2007, staff worked to tailor services to better support homeless children. Being located at the Community Campus has made it much easier to coordinate services with other community service providers and to enhance the overall success of families.

PORTSMOUTH EARLY EDUCATION PROGRAM (A Portsmouth School System Department)

The Portsmouth Early Education Program provides early childhood special education services to children 3-5 years of age. The program serves 35-40 children each year and gives identified children the opportunity to receive special education services in the typical preschool environment. In 2007, the program received special education approval from the NH State Department of Education. Evaluators were particularly impressed with the space as well as the inclusion of special education preschoolers with their peers.

PORTSMOUTH ADULT BASIC EDUCATION PROGRAM (A Rockingham Community Action Program)

Portsmouth Adult Basic Education learners fall into three categories:

- those preparing for the GED exam;
- people interested in improving their basic literacy skills; and
- adults who wish to improve their knowledge and use of the English language.

In 2007, the program served 138 learners, ranging in age from 16 to 65 years. Like our community, the program has seen an increasingly diverse population of individuals with 26 different nationalities represented in their student body.

STEPPINGSTONES (A Kremple Foundation Program)

Serving 35-40 people each day, SteppingStones is a post-rehabilitation, community based, day program for adults living with brain injury from trauma, tumor or stroke. The program emphasizes health and wellness and seeks to empower members toward occupation or meaning after injury. In 2007, they had approximately 80 members participate in a variety of activities. In addition, 200 caregivers took advantage of support and educational services provided by SteppingStones staff and volunteers.

SEACOAST OUTRIGHT

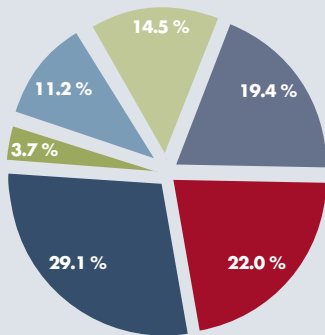
Seacoast Outright provides a safe and supportive environment for transgender, bisexual, lesbian, gay, and questioning youth. In 2007, more than 200 youth participated in Seacoast Outright groups and events. Youth and staff spoke to more than 2500 individuals through outreach efforts and educational programs in a variety of venues: schools, businesses, religious communities. A fundamental belief of the program is that by sharing individual experiences and putting a face to the effect of prejudice and discrimination, we make our community a better place for all of us.

Consolidated Statements of Financial Position December 31, 2007
 With Summarized Comparative Totals for the Year Ended December 31, 2006

*Complete audited financials are available on our website www.ffsh.org

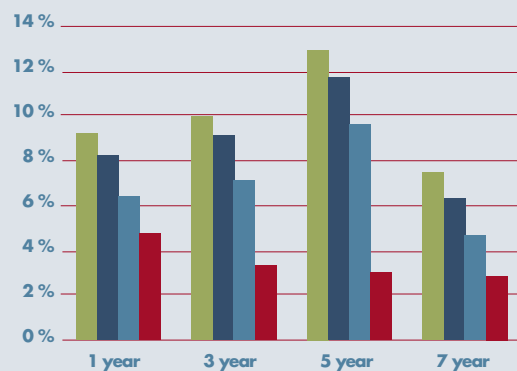
	2007	2006
ASSETS		
Cash and cash equivalents	\$481,652	\$223,060
Accrued interest and dividends receivable	25,510	47,591
Other receivables	4,661	1,347
Prepaid expenses	89,725	46,201
Investments, at fair value	61,984,224	61,107,679
Property and equipment, net of accumulated depreciation	12,339,152	12,592,750
Other assets, net	197,634	186,869
Total assets	\$75,122,558	\$74,205,497
LIABILITIES AND NET ASSETS		
Liabilities:		
Accounts payable and accrued liabilities	\$436,004	\$636,217
Grants and scholarships payable	450,000	472,000
Interest rate swap	97,792	82,320
Deferred excise taxes	187,013	-
Series A and B variable rate bonds	14,795,000	14,795,000
Total liabilities	\$15,965,809	\$15,985,537
Net assets:		
Unrestricted	58,885,406	57,880,468
Temporarily restricted	271,343	339,492
Total net assets	59,156,749	58,219,960
Total liabilities and net assets	\$75,122,558	\$74,205,497

ASSET ALLOCATION



- Domestic Equity
- Fixed Income
- Intl. Equity
- Real Assets
- Hedged Equity/Absolute Return
- Cash/Other

TOTAL FUND REVIEW



- Total Fund (NET OF FEES)
- 60% S&P 500/40% LB Aggregate
- Policy Index
- CPI

Consolidated Statements of Activities and Changes in Net Assets Year Ended December 31, 2007
With Summarized Comparative Totals for the Year Ended December 31, 2006

	Unrestricted	2007 Temporarily Restricted	Total	2006 Total
OPERATING ACTIVITIES:				
Revenues, gains (losses) and other support:				
Interest	\$22,572	\$1,850	\$24,422	\$32,868
Dividends	1,248,425	5,898	1,254,323	1,035,621
Net capital gain distributions	2,269,522	71	2,269,593	1,736,391
Net realized gains (losses) on sale of investments	(1,207,400)	64,042	(1,143,358)	3,137,111
Net unrealized gains on investments	3,273,880	(51,196)	3,222,684	1,348,806
Rental income	349,622	-	349,622	292,714
Other income	280,162	11,186	291,348	283,803
Net assets released from restrictions	100,000	(100,000)	-	-
Total revenues, gains (losses) and other support	6,336,783	(68,149)	6,268,634	7,867,314
PROGRAM EXPENDITURES:				
Grants	926,995	-	926,995	965,320
Scholarships	10,000	-	10,000	10,000
Other	7,592	-	7,592	11,385
Total program expenditures	944,587	-	944,587	986,705
COMMUNITY CAMPUS EXPENSES:				
Interest expense and financing costs	825,344	-	825,344	824,417
Depreciation	426,429	-	426,429	447,015
Other operating expenses	1,160,840	-	1,160,840	1,158,613
Total community campus expenses	2,412,613	-	2,412,613	2,430,045
GENERAL AND ADMINISTRATIVE EXPENSES:				
Salaries and employee benefits	370,786	-	370,786	334,438
Trust management and investment fees	109,466	-	109,466	118,963
Depreciation	911	-	911	3,134
Other expenses	1,292,229	-	1,292,229	556,016
Total general and administrative expenses	1,773,392	-	1,773,392	1,012,551
Excess of revenues, gains (losses) and other support over expenses from operations	1,206,191	(68,149)	1,138,042	3,438,013
NONOPERATING ACTIVITIES:				
Net gain on pension plan assets	15,475	-	15,475	-
Adjustment for the adoption of SFAS 158	10,115	-	10,115	-
Change in fair value of interest rate swap	(15,472)	-	(15,472)	123,836
Total nonoperating activities	10,118	-	10,118	123,836
Excess of revenues, gains (losses) and other support over nonoperating activities	1,216,309	(68,149)	1,148,160	3,561,849
Provision for federal excise taxes	211,371	-	211,371	115,879
Change in net assets	1,004,938	(68,149)	936,789	3,445,970
Net assets, beginning of year	57,880,468	339,492	58,219,960	54,773,990
Net assets, end of year	\$58,885,406	\$271,343	\$59,156,749	\$58,219,960

VISION



VISION

The vision of the Foundation for Seacoast Health is that the total health needs and well-being of the community are met.

MISSION

Investing its resources to improve the health and well-being of Seacoast residents is the core mission of the Foundation for Seacoast Health.

DEFINING HEALTH

The Foundation for Seacoast Health's statement of purpose recognizes that health care should not be considered only from a curative point of view, but should also include a broader sense of a positive state of physical and mental well-being.



