



HOW WE MAKE A DIFFERENCE



GRANTMAKING

We have provided over 26.2 million dollars in grants to Seacoast nonprofit and public organizations. Our funding initiatives are focused in the areas of health promotion, health protection, preventive health services, training, and education.

SCHOLARSHIPS

We have given 2.2 million dollars in scholarship awards to 297 undergraduate and graduate students pursuing health related fields of study.

THE COMMUNITY CAMPUS

Designed to promote collaboration and community involvement, the Community Campus provides affordable space and program resources for nine nonprofit agencies. Created in 1999 as a core component of the Foundation's commitment to improving the health of the Seacoast, this unaffiliated network of organizations provides a broad range of services to some of our most vulnerable and underserved children, adults, and families. In addition, over 60 community organizations utilize the space and resources of the Community Campus to meet ongoing business needs or host special events. The annual value of this in-kind contribution to our community exceeds one million dollars.

HOSPITAL OVERSIGHT

The Foundation is responsible for the oversight and monitoring of Portsmouth Regional Hospital in order to ensure that Seacoast citizens have access to quality medical care at a first-class facility and at competitive prices. This has been an important part of the Foundation's mission since the Hospital was sold to HCA in 1983.

INITIATIVES

More than a traditional grant making organization, the Foundation has been at the forefront of identifying community-building activities that will bring needed services and programs to the Seacoast. We are proud to have been a leader and convener in examining effective ways to leverage nonprofit resources, create best practices, and improve health. Our initiatives served as the catalyst in creating the NH Center for Nonprofits, Step It Up Seacoast, Families First Health Center and most recently Seacoast Seniors Count.



During an economic downturn like what we experienced in 2009, the agencies that serve our most vulnerable citizens were faced with an increased demand for services coupled with funding decreases. Many of the agencies located at the Community Campus are part of that community based safety net which sustains our neediest families. The most significantly impacted organizations are those that not only rely on private contributions but also public funding. We continue to work closely with each agency to help them as they weather this storm and we are appreciative of the role they play in our community.

We are pleased to report that the Foundation for Seacoast Health was able to maintain funding commitments to each of our grantees. We achieved this by eliminating all non-essential Foundation spending, reducing Community Campus operating expense by twelve percent as well as modifying some of our grant cycles. In addition, our Investment Committee has been diligent and strategic in their oversight of our endowment. We will continue to closely manage our investments and expenses in order to maximize the dollars we have available for nonprofit grants and scholarships.

In addition to providing grants and other resources to local nonprofits and operating the Community Campus, the Foundation is also responsible for the oversight and monitoring of Portsmouth Regional Hospital in order to ensure that Seacoast residents have access to quality medical care in a first-rate facility at competitive prices. When the Hospital was originally sold to HCA in 1983, HCA signed an Asset Purchase Agreement that provided the community with a number of assurances regarding ongoing operations and stewardship of the Hospital. Among these was an agreement that the Foundation had the option to repurchase the Hospital for the benefit of the community in the event of a change in direct or indirect ownership of the Hospital. The Foundation retained responsibility for oversight of HCA's compliance with the terms of that Agreement.

In October 2006, the Foundation filed suit in Rockingham County Superior Court to enforce its right to repurchase the Hospital in connection with the 2006 leveraged buyout of HCA by a group of private investors. In the summer of 2008, the New Hampshire

Supreme Court issued a decision holding that, although the 2006 transaction did not trigger the right, an earlier transaction in 1999, in which indirect ownership of the Hospital was transferred to a different HCA entity might have.

The case was returned to the Superior Court for trial on this issue, which was held September 8th-11th, 2009 at Rockingham Superior Court in Brentwood. On December 17, 2009 Judge Kenneth McHugh issued his notice of decision in favor of the Foundation ruling that (i) HCA's 1999 transfer was a "material breach" of the original purchase agreement; and (ii) HCA should have given the Foundation the opportunity to repurchase the hospital in 1999. The New Hampshire Supreme Court recently declined to hear HCA's appeal of that ruling. This means the case has again been returned to the trial court for further proceedings to determine the appropriate remedy for the breach, which could include an order allowing the Foundation to repurchase the Hospital and monetary damages arising from HCA's failure to provide that opportunity in 1999.

The court has not yet issued a schedule for the remedy phase of the trial. In the interim, we will continue to monitor operations at the Hospital to ensure that the medical care and state of the art facility we have all come to expect is maintained.

On behalf of the Foundation Board of Trustees, we thank you for your interest in our work. We are humbled by the trust that our community has placed in us and we will continue to focus our work on improving the health and well being of Seacoast residents.



Daniel C. Hoeffle

Daniel C. Hoeffle, Esq.
Chairman



Debra S. Grabowski

Debra S. Grabowski, R.N.
Executive Director



BOARD OF TRUSTEES

The Board of Trustees of the Foundation for Seacoast Health manages the affairs of the corporation, exercising all powers of the corporation except those reserved to the Members by law, the Articles of Agreement, or the Bylaws of the corporation.

Daniel C. Hoefle, *Chair*

Timothy J. Connors, *Vice Chair*

Timothy C. Driscoll, *Treasurer*

Patricia A. Barbour

Richard Chace, MD

Jameson S. French

Wendy J. Frosh

John P. Gens, Jr., MD

Peter J. Loughlin

Sharon R. Weston

FOUNDATION MEMBERS

Foundation Members elect new and continuing Members, Honorary Members, and Trustees at the Foundation Members' Annual Meeting each year. Members also approve any amendments to the Foundation bylaws and review the Foundation's progress over the previous year.

Thomas Blais

Molly Bolster

Jonathan Carter

Jennifer Cutts, MD

Dennis Dean

Joseph Diamant

Nancy Flolid, DC

George Friese

Moira Goodman

Douglas Gray, DMD

Mark Graziano, MD

John Hebert

Mark Henschke, DO

Scott Holloway

Mark Jacobs, MD

Gary Kish, MD

Melanie Ladd

Rebecca Legro

Richard Leigh

Kevin Looser, MD

John Lyons

Archie McGowan, MD

David Newman

Nancy Notis

Daniel O'Brien

Mary Rauh

Amy Schwartz

Sonya Schwaegerle, MD

Lex Scourby

Wendy Tapley

Peter Thomas, DMD

William Tracy

HONORARY MEMBERS

Foundation Members may elect Honorary Members who shall be Foundation Members in perpetuity. Honorary Members are individuals who were Honorary Trustees of Portsmouth Hospital when the Foundation for Seacoast Health was created in 1985. More recent Honorary Members are persons who have served three consecutive three-year terms as Foundation Trustees.

Donavon Albertson, MD

Robert Allard

Ferris Bavicchi

Peter Bergeron

Cynthia Blood

William Bradley, MD

Kenneth Chute

Peter Czachor, MD

Eileen Foley

Catherine Goodwin

Eric Gustafson

William Henson

Robert Iafolla

Thomas Keane

Bradford Kingman

Wendy McLaughlin, MD

Peter Rasmussen, MD

J. Gregg Sanborn

G. Warren Wilder



GRANT RECIPIENTS 2009

NEW HEIGHTS | \$392,500

An innovative out-of-school program of Seacoast Mental Health Center (SMHC) since 1987, New Heights has positioned itself for continued growth with plans in place to become its own 501c(3) corporation by July 1st, 2010. In June 2009 the SMHC Board and New Heights Advisory Committee began an intensive planning process that examined funding streams, community need, and program strengths. As a result of this planning process, the SMHC Board decided that New Heights should have the flexibility and focus that comes with being an independent nonprofit agency. A key factor in the decision was the belief that the organization needs to build a Board of Directors that will be able to increase community support and help staff connect to a more diverse funding stream.

According to New Heights Director, Tracey Tucker, the move toward independent nonprofit status represents a crucial step for the program. The main objective is to “focus on the reason New Heights was started in the first place: to provide a positive and healthy program for teenagers throughout the Seacoast.”

Reflective of the intent behind the move toward independent organizational status, New Heights recently developed several new programming options to better address the current needs of Seacoast youth and their families. Developed in partnership with the Community Diversion Program

(CDP) and Portsmouth High School Student Assistance Program (SAP), the Portsmouth Reflections Program (PRP) addresses the needs of Seacoast youth who have been identified as involved with drugs and alcohol or at-risk to engage in such behaviors.

Other new programs include a Peer-Mediated Social Skills program that will serve Seacoast youth with autism and week-long team-building exercises where students are asked to complete projects that require them to work together to achieve any number of goals—whether it pertains to solving a specific problem, designing and completing an art project, or reaching the top of New Heights’ 20 foot climbing wall.

In support of its mission *to assist Seacoast youth in developing the competence, character, confidence and resiliency necessary for a healthy and successful adulthood*, New Heights continues to offer a wide range of programs in order to address diverse needs. These programs range from athletic and adventure-based outdoor opportunities to discussion groups and arts and crafts-based activities.



GRANT RECIPIENTS 2009

FAMILIES FIRST | \$180,000 (6 MONTH GRANT)

Families First's grant from the Foundation for Seacoast Health is allocated among three programs: The Health Center, which provides primary and prenatal health care and is open to all individuals and families; the Dental Center; and the Family Center, which provides parenting classes with free child care, family programs, and home visiting. Families First's "one-stop shopping" model makes many services and supports available under one roof to improve the health and well-being of people facing multiple challenges such as poverty, lack of health insurance, homelessness, single parenthood, and others.

Demand for the subsidized health care that Families First provides has increased dramatically since the recession began. Comparing calendar year 2009 with 2008, Families First saw a 48% increase in the number of new Health Center patients, a 20% increase in number of visits to the Health Center, and a 32% increase in the number of visits by patients without insurance.

In 2009 Exeter Health Resources gave Families First the medical van that the Health Care for the Homeless program had been borrowing once a week since 2003. With full-time use of the van, Families First has been able to add sites, extend hours, and broaden the scope of services provided to the homeless. In addition, using federal stimulus funds, Families First is converting an office in the Health Center into a third dental exam room and

buying mobile dental equipment for their health care vans. This will increase access to dental care, particularly for homeless patients.

Coordination of services with Portsmouth Regional Hospital has always been a priority and several measures have been implemented to enhance this coordination. In 2008, Emergency Department providers at Portsmouth Regional Hospital gained access to Families First patients' electronic medical records. In 2009, access was extended to the hospitalists, improving continuity and quality of care for Families First patients admitted to the hospital. In another advance on the information-technology front, Families First now sends prescriptions to pharmacies electronically. This is more secure, reliable, and accurate than phoning or faxing.

The agency's technology focus has also enhanced their ability to measure and report patient and client outcomes. 2009 outcomes include:

- Babies delivered at or above 5.5 pounds: 99%
- Childhood immunization rate: 91%
- Prenatal patients given an oral health screening: 76%
- Homeless patients with a formal screening for alcohol or other substance abuse annually: 88%
- Parents reporting increased "confidence in my ability to parent and take care of my children" after attending parenting and family programs: 90%



GRANT RECIPIENTS 2009

INFOLINK | \$36,000

InfoLink, a program of Lamprey Health Care, manages the Medical Financial Assistance (MFA) program and the Portsmouth Regional Prescription Assistance Program (PRPAP). Founded by the Foundation for Seacoast Health, the MFA program provides free short-term prescriptions for indigent adults experiencing an acute illness. The PRPAP assists indigent individuals, suffering from chronic diseases, to access free prescriptions from pharmaceutical companies. Eligible Families First patients receive similar services as clients in the MFA and PRPAP programs.

In the past when funds in the MFA program were exhausted, clients were turned away. However, since the PRPAP program was established, these clients are now enrolled in the long-term program and continue to receive free medication.

This seamless system is good for clients and preserves MFA program funds for short-term emergency relief, as they are intended. These programs complement each other and are designed to provide chronically ill individuals with long term solutions for accessing the medications they need to keep them well thereby reducing overall health care costs. Over the past seven years, more than \$4,211,914 in free prescriptions have been obtained for low income Seacoast residents.



GRANT RECIPIENTS 2009

COMMUNITY CHILD CARE CENTER | \$45,000

The Community Child Care Center (CCCC) of Portsmouth is a private nonprofit organization that provides a nurturing and stimulating early learning environment for children in the Seacoast area. For 43 years, the Community Child Care Center has played a significant role in the lives of thousands of children, helping to encourage and sustain healthy families in our community.

The Center provides child care – including PEAK before and after school care – to children ages eight weeks through 12 years old. The Agency’s mission is to provide high quality child care, to give priority to children from families that are in need, and to take a leadership role in advocating for children and families. The Center’s main programs are at the Community Campus, with its PEAK program at all three Portsmouth Elementary Schools, and its Community School Program at the Campus and at Greenland Central School.

At the Community Campus, CCCC works with the Portsmouth Early Education Program to provide The Community School—all-inclusive classrooms for special needs children. Activities include: child screening, referrals, staff training, classroom co-teaching, special needs support, and consultation. CCCC partners with Head Start by offering

wrap-around care and child care during vacation times for Head Start children at a reduced rate. CCCC works with Families First, prioritizing child care for high-risk children, and refers families for health and dental services regularly.

Thanks to support from the Foundation for Seacoast Health, children attending CCCC receive the best education and programming available. The Center’s campus program recently achieved accreditation from the National Association for the Education of Young Children (NAEYC) and was one of the first centers in the nation to become accredited under their revised standards and criteria. NAEYC accreditation is a mark of quality, helping parents, guardians, and the community to identify the best early childhood education centers.

The Foundation for Seacoast Health proudly continues the tradition of awarding academic scholarships to outstanding Seacoast students. Our program is unique in that scholarships are available to undergraduate as well as graduate students. In keeping with our mission, candidates must be pursuing a degree in a health-related field of study.

ERICA MICHAUD | \$5,000



Erica Michaud, a resident of North Hampton, was selected as the recipient of the \$5,000 Cutter Scholarship Award, which is made to an undergraduate student with the highest academic achievement and personal accomplishments. Wendy Cutter-Collins presented the award that was established by the Foundation for Seacoast Health Board of Trustees in memory of her brother Steven Scott Cutter. Steve, the son of a long-time Foundation employee and a resident of Greenland, was a 1989 graduate of St. Thomas Aquinas High School and 1994 graduate of the University of Connecticut College of Pharmacy.

Erica is enrolled in a Physical Therapy Program, entering her fourth year at Northeastern University. Erica has been working with several therapy practices during the co-operative education portion of her studies.

Her supervisors indicate she is a motivated student and very adept at putting patients at ease while educating them regarding proper exercise techniques. Her class instructors are "impressed with her professional drive, dedication of her pursuit of the physical therapy curriculum, and her overall attitude towards life."

MELODY REES | \$1,500



Melody Rees, a resident of Kittery Point, was selected as the recipient of the \$1,500 Priscilla Flanigan Award. This special award was made in recognition of the contributions received in memory of Priscilla Flanigan. Peter Flanigan presented the award named in honor of his mother, Priscilla, who had a long volunteer history in the Seacoast, especially with Portsmouth Hospital.

Melody is completing her final year in a Nursing Program at Great Bay Community College. For 20 years Melody was a stay-at-home mom who home schooled her five children. She recently returned to college to pursue a formal education in nursing. Melody is completing her Associates Degree program and hopes to eventually obtain a degree as a Family Nurse Practitioner.

RACHEL SLUDER | \$3,500



Rachel Sluder, a resident of North Hampton, received a \$3,500 scholarship award presented by Sharon Weston, Chair of the Foundation Scholarship Committee. Rachel currently attends Phillips Exeter Academy and plans on beginning an undergraduate Psychology Program in the fall at the University of New Hampshire. Rachel also plans to continue her psychology studies through graduate school in order to pursue a counseling career.



CHILD ADVOCACY CENTER OF ROCKINGHAM COUNTY

The Child Advocacy Center of Rockingham County provides a safe environment for the evaluation of alleged child abuse for children 3 to 18 years of age. Serving over 300 children annually, the Center coordinates public, private, and community partners to ensure that the safety, health, and well being of abused children comes first. In 2009, through an American Recovery and Reinvestment Act grant, the agency has been able to enhance ongoing advocacy and support services provided to victims and their families.

PORTSMOUTH ADULT BASIC EDUCATION PROGRAM (A Rockingham Community Action Program)

Portsmouth Adult Basic Education learners fall into three categories:

- those preparing for the GED exam
- people interested in improving their basic literacy skills (reading, writing, math)
- foreign-born learners who need to improve their knowledge and use of the English language

Over 120+ learners, ranging in age from 18 to 78 years, are served annually. Reflecting the community, the program has seen an increasingly diverse population of individuals, with over 21 different countries represented in their classes. Volunteers provide over 600 hours of time every year, working in and out of the classroom with their learners.

HEADSTART (A Rockingham Community Action Program)

Head Start is a comprehensive child and family program which provides educational, disability, and support services to over 50 families annually. Recently, financial eligibility was increased to 130% of the federal poverty guidelines. This has enabled staff to reach more low income and vulnerable families. In addition, collaborating with Families First has made services more accessible to homeless children.

Recognizing the importance of parent involvement, good health, nutrition, and family security on the overall well being of a family and a child's ability to learn is a fundamental belief. Being located at the Community Campus has made it much easier to coordinate services with other community service providers and to enhance the overall success of families.

KREMPELS CENTER

The Krempels Center is a nonprofit organization dedicated to improving the lives of people living with brain injury from trauma, tumor or stroke. In partnership with universities and community volunteers, the Krempels Center offers programs that engage members in meaningful and productive experiences and provides ongoing support and resources to those impacted by brain injury. In addition, the organization's community outreach initiative provides education to the public about brain injury and brain injury prevention. In 2009:

- 110 members and family members participated in the community program
- 625 attendees benefited from educational programming
- 97 interns from six professional disciplines supported Krempels Center members

BONNIE CLAC

Bonnie CLAC makes buying a car simpler and more affordable for people from all walks of life. The agency helps clients build credit worthiness, offers financial counseling and, if necessary, provides temporary transportation while they qualify for a new car loan. Since 2001 Bonnie CLAC has helped over 1100 people in New Hampshire purchase automobiles. Many former Bonnie CLAC clients have gone on to obtain better, higher paying jobs. As a result of having reliable transportation, others have moved on to making their first home purchase — a dream many once thought impossible.

PORTSMOUTH EARLY EDUCATION PROGRAM

(A Portsmouth School System Department)

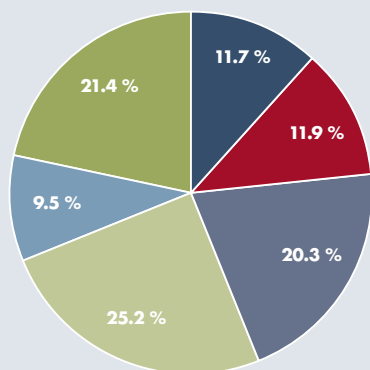
Established in 1980, the Portsmouth Early Education Program provides early childhood special education services to children 3-5 years of age. Working in collaboration with Head Start and the Community Child Care Center gives those children with identified educational disabilities the opportunity to receive services in the typical preschool environment. The program serves 35-40 children each year.

Consolidated Statements of Financial Position.
December 31, 2009 and 2008

*Complete audited financials are available on our website www.ffsh.org

	2009	2008
ASSETS		
Cash and cash equivalents	\$3,855,902	\$2,974,743
Accrued interest and dividends receivable	-	5,745
Other receivables	12,515	251,389
Prepaid expenses	36,705	42,854
Investments, at fair value	37,362,311	38,447,922
Property and equipment, net	12,383,787	12,215,585
Other assets, net	169,497	183,288
Total assets	\$53,820,717	\$54,121,526
LIABILITIES AND NET ASSETS		
Liabilities:		
Series A and B variable rate bonds	14,795,000	14,795,000
Accounts payable and accrued liabilities	137,187	254,640
Grants payable	282,400	447,500
Scholarships payable	2,500	-
Pension obligation	15,588	92,096
Total liabilities	15,232,675	15,589,236
Net assets:		
Unrestricted	38,095,935	38,375,206
Temporarily restricted	212,387	157,084
Permanently restricted	279,720	-
Total net assets	38,588,042	38,532,290
Total liabilities and net assets	\$53,820,717	\$54,121,526

ASSET ALLOCATION



- Domestic Equity
- Fixed Income
- Intl. Equity
- Real Assets
- Hedged Equity/Absolute Return
- Cash/Other

TOTAL FUND REVIEW



- Total Fund (NET OF FEES)
- Policy Index
- CPI

Consolidated Statements of Activities and Changes in Net Assets Year Ended December 31, 2009
and Comparative Totals for the Year Ended December 31, 2008

	2009			Total	2008 Total
	Unrestricted	Temporarily Restricted	Permanently Restricted		
OPERATING ACTIVITIES					
Revenues, gains (losses) and other support:					
Interest	\$20,500	\$114	–	\$20,614	\$17,409
Dividends	701,684	8,031	–	709,715	1,238,074
Net capital gain distributions, realized and unrealized gains (losses) on investments	3,044,294	50,106	–	3,094,400	(18,308,975)
Rental income	370,355	–	–	370,355	340,290
Other income	231,491	150	–	231,641	262,574
Contributions	53,211	545	279,720	333,476	176,938
Net assets released from restrictions	3,643	(3,643)	–	–	–
Total revenues, gains (losses) and other support	4,425,178	55,303	279,720	4,760,201	(16,273,690)
PROGRAM EXPENDITURES					
Grants	703,500	–	–	703,500	915,000
Scholarships	10,000	–	–	10,000	10,000
Other	5,920	–	–	5,920	4,756
Total program expenditures	719,420	–	–	719,420	929,756
COMMUNITY CAMPUS EXPENSES					
Salaries and employee benefits	188,070	–	–	188,070	145,893
Interest expense and financing costs	197,063	–	–	197,063	715,299
Depreciation	448,572	–	–	448,572	431,599
Other operating expenses	951,847	–	–	951,847	1,213,924
Total community campus expenses	1,785,552	–	–	1,785,552	2,506,715
GENERAL & ADMINISTRATIVE EXPENSES					
Salaries and employee benefits	207,183	–	–	207,183	176,467
Trust management and investment fees	88,112	–	–	88,112	113,995
Depreciation	476	–	–	476	613
Other expenses	2,009,535	–	–	2,009,535	772,138
Total general and administrative expenses	2,305,306	–	–	2,305,306	1,063,213
Increase (decrease) in net assets from operating activities	(385,100)	55,303	279,720	(50,077)	(20,773,374)
NONOPERATING ACTIVITIES					
Net gain (loss) on pension plan assets	113,408	–	–	113,408	(110,286)
Loss on disposal of equipment	(1,430)	–	–	(1,430)	(4,122)
Change in fair value of interest rate swap	–	–	–	–	97,792
Total nonoperating activities	111,978	–	–	111,978	(16,616)
Increase (decrease) in net assets before provision for federal excise taxes	(273,122)	55,303	279,720	61,901	(20,789,990)
PROVISION FOR FEDERAL EXCISE TAXES					
Current federal excise tax expense	6,149	–	–	6,149	21,482
Deferred federal excise tax expense (benefit)	–	–	–	–	(187,013)
Total federal excise tax expense (benefit)	6,149	–	–	6,149	(165,531)
Increase (decrease) in net assets	(279,271)	55,303	279,720	55,752	(20,624,459)
Net assets, beginning of year	38,375,206	157,084	–	38,532,290	59,156,749
Net assets, end of year	\$38,095,935	\$212,387	\$279,720	\$38,588,042	\$38,532,290

VISION



VISION

The vision of the Foundation for Seacoast Health is that the total health needs and well-being of the community are met.

MISSION

Investing its resources to improve the health and well-being of Seacoast residents is the core mission of the Foundation for Seacoast Health.

DEFINING HEALTH

The Foundation for Seacoast Health's statement of purpose recognizes that health care should not be considered only from a curative point of view, but should also include a broader sense of a positive state of physical and mental well-being.



HOW YOU CAN SUPPORT THE FOUNDATION FOR SEACOAST HEALTH

The Foundation for Seacoast Health is a nonprofit, private foundation funded through a combination of contributions from individuals and the proceeds from the sale of Portsmouth Hospital to Hospital Corporation of America in 1983. The work of the Foundation is possible because of the long standing support of friends and partners in our community.

How You Can Make a Gift

- Donation of Cash or Securities
- A Bequest
- Life Income Gifts

Being a charitable institution, all contributions are tax deductible to the full extent allowed by law.



